



**NORTH COAST UNIFIED AIR QUALITY  
MANAGEMENT DISTRICT**  
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<http://www.ncuagmd.org>

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FOR IMMEDIATE RELEASE



## Wildfire Smoke Public Service Announcement

Good to Moderate air quality continues throughout much of Humboldt, Del Norte and Trinity Counties. No Air Quality Advisories or Alerts have been issued. Firefighters continue to work the Gasquet and River Complexes in the Six Rivers and Shasta-Trinity National Forest.



Smoke production has slowed in all local areas. Depending on fire activity, some locations may still experience elevated smoke levels for a few hours each day. Smoke from the Valley Fire in Lake County may be detected in southern Humboldt and the Eel River Drainage. However, these areas are not anticipated to be in the Unhealthy range.



The National Weather Service (NWS) forecasts scattered showers moving out of the area by this afternoon. Temperatures will remain cool today and increasing on Friday. The warming and drying trend will continue into the weekend with increased night-time offshore flow. Relatively light North to East winds will develop later Thursday and last into Sunday. Smoke dispersion will be good today and weaken as the weekend progresses.

Particulate Matter (PM2.5) concentrations continued to be monitored throughout the air District at the following locations: Crescent City, Gasquet, Orleans, Weitchpec, Hoopa, Willow Creek, Weaverville, Eureka, and Fortuna.

These are the remaining fires of interest that are generating smoke:



**Nickowitz Fire** (Humboldt/Del Norte County)  
**Gasquet Complex** (Del Norte County)  
**South Complex** (Hyampom (Trinity County)  
**River Complex** (Humboldt/Trinity County)  
**Valley Fire** (Lake County)

Fire information can be found at [www.inciweb.nwcg.gov](http://www.inciweb.nwcg.gov).



## Health Information for Smoke Impacts

Concentrations of smoke may vary depending upon location, weather, and distance from the fire. Smoke from wildfires and structure fires contain harmful chemicals that can affect your health. Smoke can cause eye and throat irritation, coughing, and difficulty breathing. People who are at greatest risk of experiencing symptoms due to smoke include: those with respiratory disease (such as asthma), those with heart disease, young children, and older adults.

These sensitive populations should stay indoors and avoid prolonged activity. All others should limit prolonged or heavy activity and time spent outdoors. Even healthy adults can be affected by smoke. Seek medical help if you have symptoms that worsen or become severe.

If you can see, taste, or feel smoke, contact your local health department and/or primary healthcare provider. This is especially important if you have health concerns, are elderly, are pregnant, or have a child in your care.

Follow these general precautions to protect your health during a smoke event:

- Minimize or stop outdoor activities, especially exercise
- Stay indoors with windows and doors closed as much as possible
- Do not run fans that bring smoky outdoor air inside – examples include swamp coolers, whole-house fans, and fresh air ventilation systems
- Run your air-conditioner only if it does not bring smoke in from the outdoors. Change the standard air conditioner filter to a medium or high efficiency filter. If available, use the “re-circulate” or “recycle” setting on the unit
- Do not smoke, fry food, or do other things that will create indoor air pollution

If you have lung disease (including asthma) or heart disease, closely monitor your health and contact your doctor if you have symptoms that worsen.

Consider leaving the area until smoke conditions improve if you have repeated coughing, shortness of breath, difficulty breathing, wheezing, chest tightness or pain, palpitations, nausea, unusual fatigue, lightheadedness.

**For 24-hour Air Quality Advisory Information, call toll-free at  
1-866-BURN-DAY (1-866-287-6329).**

**For further information, visit the District’s website at  
[www.ncuagmd.org](http://www.ncuagmd.org)**

